



Girls on the Run of Las Vegas

Educating^{and} preparing for a lifetime of self-respect^{and} girls healthy living

Girls on the Run of Las Vegas Hosts Fall Fun Run

Join us on Saturday, November 17th, at 10 a.m., to run a 5K with our girls at Sunset Park.

October 31, 2012 - Las Vegas - Girls on the Run of Las Vegas is excited to host a Fall Fun Run 5K at Sunset Park on Saturday, November 17th, at 10 a.m.

Come run with our girls at this exciting finale to the fall 2012 Girls on the Run season. Registration is only \$20 per person and just \$30 for a parent/child team. On Saturday, November 17th, our girls will run 3.1 miles with their running buddies and the community. The 5K course starts near the picnic area in Sunset Park. It is a non-competitive, untimed event to celebrate the accomplishments of the girls participating in the 12-week, 24-lesson, youth development program. Vendors, food, and entertainment add to the fun.

Girls on the Run inspires 3rd through 5th grade girls to stay true to themselves and live free from societal stereotypes. Our 12-week curriculum, hosted at various locations around the Las Vegas valley, innovatively weaves training for the 5K run with lessons that empower girls to celebrate their bodies, honor their voices and embrace their gifts. The Las Vegas council was formed in 2011 to serve Clark County. Girls on the Run of Las Vegas hosts two 12-week seasons, one in the spring and one in the fall. Volunteer coaches lead participants through a well-researched and scientifically evaluated life skill's curriculum designed to support all aspects of girls' physical, emotional, mental and social well being.

Online registration is available at <http://2012fall5k-eorg.eventbrite.com/>.

For more information about Girls on the Run of Las Vegas, visit us online at <http://www.girlsontherunlv.org>. Follow us on Facebook at <http://www.facebook.com/girlsontherunlv> and on Twitter at @gotrlv.

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